



The New Psychology of Leadership

3-Day Training for Ambitious Professionals
by the Amsterdam Leadership Lab

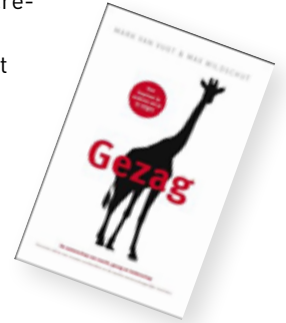
“Finally a leadership course based
on science, given by world-leading
experts”
Mikkel Hofstee – Founder of Lifeguard

The Training

The New Psychology of Leadership is a Training Program for Professionals, offered by the Amsterdam Leadership Lab. The training is designed with the goal of enhancing leadership skills and knowledge based on latest scientific insights. This unique, evidence-based program is grounded in principles from social, organizational, and evolutionary psychology.




In this training, you will a) gain insights into principles of effective leadership, b) understand how to co-create solutions into diversity & inclusion, and c) find out how to navigate organizational power dynamics. The training is taught as three full day workshops, delivered by academic experts at the Vrije Universiteit Amsterdam (VUA). In 2024 the workshops are scheduled on three consecutive Fridays in June at the VU Amsterdam (see schedule).

Training attendees receive a complimentary copy of 'Gezag' (2022) by Prof. Dr. Mark van Vugt



Workshops

Workshop 1 Adaptive leadership




 Prof. Dr. Mark van Vugt
 14-6-2024
 9:00-17:00

This workshop on adaptive leadership covers a range of topics that aim to help professionals understand leader-follower relations in the workplace from an evolutionary perspective. By incorporating these elements, the workshop helps professionals gain a deeper understanding of the principles of good leadership, enhance their personal leadership skills, and foster productive and supportive work environments based on an appreciation of our evolutionary heritage.

Learning goals:

- Understand what basic needs exist in your team and organization.
- Discover how to adapt your leadership style to the situation.

Workshop 2 Navigating organiza- tional power dynamics




 Dr. Wendy Andrews
 21-6-2024
 9:00-17:00

In this workshop on navigating organizational power dynamics, professionals gain an understanding of the causes and consequences of power in organizations, and of the need and the limitations of engaging in power dynamics. Participants will reflect on their own preferences for dealing with power, start to map power structures in their organization, and discuss strategies to effectively navigate the power dynamics in their own work environment.

Learning goals:

- Learn to recognize power relations in your environment.
- Develop political skills.

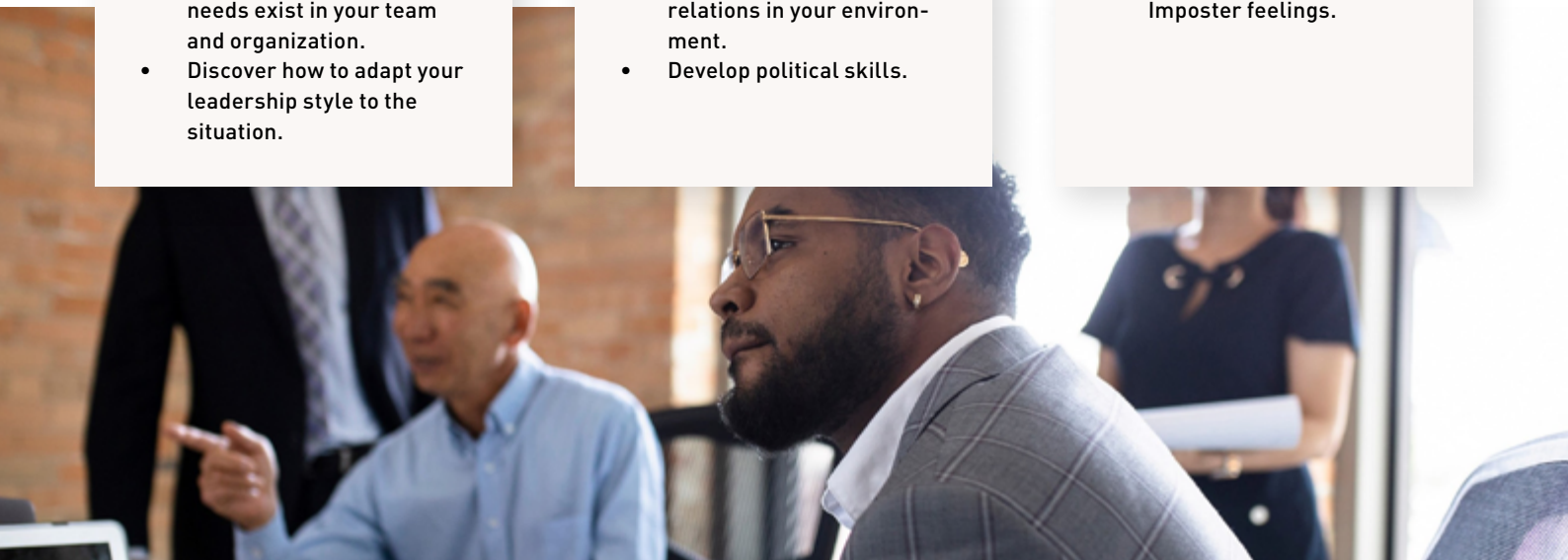
Workshop 3 Fostering diversity and inclusion

 Dr. Sanne Feenstra
 28-6-2024
 9:00-17:00

In this workshop on fostering diversity and inclusion, professionals learn to navigate the complexities of today's workplace environment. Sanne will discuss the latest scientific insights into the main barriers hindering diversity and the significance of inclusion. Participants will reflect on their own experiences with diversity and inclusion and will cocreate ways to create more inclusive leadership.

Learning goals:

- Get added value from diversity.
- Deal effectively with Imposter feelings.



“The New Psychology of Leadership offers the opportunity to learn from world-class professors about the secrets of effective leadership that can challenge conventional wisdom. The programme shows that VU Amsterdam is at the forefront of leadership development in the Netherlands.”

Prof. Dr. Svetlana Khapova – Professor of Organisational Behaviour & Leadership

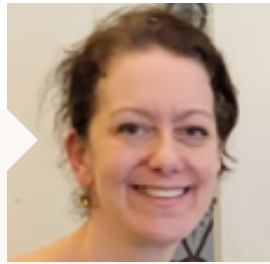
Trainers



Prof. Dr. Mark van Vugt

Mark van Vugt is Professor of Evolutionary Psychology, Work and Organizational Psychology at the Vrije Universiteit Amsterdam and Director of the Amsterdam Leadership Lab. He is also affiliated with the University of Oxford. His expertise is in evolutionary perspectives on human social behavior and in applications of evolutionary psychology to fields such as leadership, business and management, economics, sustainability, health, and politics. He is a prolific author of books and scientific articles and regularly appears in the media to talk about leadership.

www.professormarkvanvugt.com



Dr. Wendy Andrews

Wendy Andrews moved to academia after a career in business. Her research focuses on competition, hierarchy, and leadership. Her teaching includes courses on team dynamics and leadership in organizations. In 2018 she joined the VU Amsterdam, where she works as Assistant Professor in Organizational Psychology. In her role of Business Director of the Amsterdam Leadership Lab she aims to build bridges between the research community and professional in practice.



Dr. Sanne Feenstra

Sanne Feenstra is an Assistant Professor in Organizational Psychology at VU Amsterdam. She completed her PhD in 2020 at the University of Groningen. Her research focuses on leadership, power, and the impostor phenomenon. Sanne has published her research in journals such as *Organizational Behavior and Human Decision Processes* and *Applied Psychology: An International Review* and her research is regularly quoted in the press and various media outlets.



Amsterdam Leadership Lab

Situated on the doorstep of the vibrant Zuidas, the Amsterdam Leadership Lab brings together experienced leadership scientists from the Vrije Universiteit Amsterdam, professionals interested in leadership, and aspiring leaders in organizations.

Research at the Amsterdam Leadership Lab draws on the evolutionary roots of leadership to fundamentally understand leadership dynamics and their consequences. Our close ties to the institute of Brain and Behavior Amsterdam (iBBA) at VU Amsterdam allows us to gain an in-depth understanding of leader-follower processes by studying them at the behavioral, physiological, and neurological level.

Our research forms the basis for the instruments and training programs we provide for practitioners. We actively collaborate with managers and professionals in organizations for both our research and for its many practical applications. This ensures that our research remains current and that we optimally serve the needs of the organizations we hope will benefit from our efforts.

period
June 2024 (14, 21 and 28)

time
9:00-17:00

fee *
€ Regular fee: €1.375,-
VU alumni and/or
"early birds"**: €1.250,-

location
The MF building on the campus of Vrije Universiteit Amsterdam, located at Van der Boechorststraat 7 (see this [map](#)).

registration
Register through the following link:
<http://bit.ly/a-lab-training>
or scan this QR code



For more information
please visit our website:
www.amsterdamleadershiplab.nl

* Fees include three full-day workshops, including all materials used, coffee/tea and a sandwich lunch served at our venue.

**Register before 1 April 2024
Registration is possible until 1 May 2024.



For further information
contact us via:
amsterdamleadershiplab@vu.nl

And connect with us
through [LinkedIn](#)!